



AROHA-2024

INTERNATIONAL CONFERENCE ON
ADVANCEMENTS IN RESEARCH AND GLOBAL OPPORTUNITIES FOR HOLISTIC AYURVEDA

Date: 17th October to 19th October 2024

Venue: New Delhi

ORGANIZED BY

ALL INDIA INSTITUTE OF AYURVEDA (AIIA)

AN AUTONOMOUS ORGANIZATION UNDER THE MINISTRY OF AYUSH, GOVT. OF INDIA



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Prof. (Dr.) Tanuja Manoj Nesari,
Director,
All India Institute of Ayurveda, New Delhi

युगानुरूपसन्दर्भो विभागेन करिष्यते A. S. Su. 1/20

Changes as per specific era or time period is inevitable to science. This approach ensures that the knowledge stays relevant and aligned with the characteristics and needs of specific time.

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Dr. Harish Verma,
Adjunct Fellow, NICM-Health Research Institute, Western Sydney University, Australia

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President, Consorcio Academico Brasileiro de Saude Integrativa (CABSIN), Brazil

Dr. Sanjay Kinra,
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Mr. Satish Thakkar,
Pasty Chair, Canada India Foundation, Canada
Dr. Sunil Kaul,
Chief Senior Research Scientist, AIST-INDIA DAILAB, National Institute of Advanced Industrial Science & Technology (AIST), Japan
* Names are arranged alphabetically

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Director, All India Institute of Ayurveda, New Delhi

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Dean Phd (Academics) & Head, Dept. of Ayurveda Samhita & Siddhant, AIIA, New Delhi

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Head, Dept. of Shalaky Tantra, AIIA, New Delhi

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Dean, International Co-operation Cell & Head, Dept. of Kayachikitsa, AIIA, New Delhi

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Conference:
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Associate Prof., Dept. of Dravya Guna, AIIA, New Delhi

Dr. Prasanth D,
Associate Prof., Dept. of Panchakarma, AIIA, New Delhi

Vd. Shalini Rai,
Associate Prof., Dept. of Roga Nidan, AIIA, New Delhi

Dr. Ramesh Kumar KL,
Associate Prof., Dept. of Translational Research, AIIA, New Delhi

Pre-conference workshop and Expo:

Dr. Shiva Kumar Harti, Additional Prof., Dept. of Swasthavritta, AIIA, New Delhi

Dr. Meena Deogode, Additional Prof., Dept. of Dravyaguna, AIIA, New Delhi

Dr. Arun Mahapatra, Associate Prof., Dept. of Kaumarabhritya, AIIA, New Delhi

Dr. Pramod Yadav, Associate Prof., Dept. of Rasa Shastra, AIIA, New Delhi
Dr. Sandeep Singh Tiwari, Associate Prof., Dept. of Roga Nidana, AIIA, New Delhi

A. About the Institute

The All India Institute of Ayurveda (AIIA) is an Apex Institute for Ayurveda, with a vision to be an outstanding centre of excellence for Ayurveda tertiary health care, setting the highest standards in education, research, and patient care. Accredited with NAAC A++, NABH, and ISO certifications, AIIA blends traditional Ayurvedic wisdom with modern technology. It offers postgraduate and doctoral courses, focusing on research, drug development, standardization, and scientific validation of Ayurvedic medicine. The institute also promotes innovation and entrepreneurship through its incubation centre AIIA-iCAINE & serves as center of excellence in Ayush Skill Development programs through "DAKSHYA".

All India Institute of Ayurveda New Delhi has a 200-bed referral hospital with 44 specialty departments, equipped with state-of-the-art diagnostic tools, catering to numerous patients since its inception. Over the past 7 years, AIIA has achieved significant growth in professional education and healthcare, expanding with the addition of a satellite unit in Goa and satellite OPDs at LBSNAA, Mussoorie, NCI, Jhajjar, Kevadia Gujarat, Supreme Court, and Safdarjung Hospital, New Delhi. AIIA promotes global scientific Ayurvedic research in collaboration with its 56 national and 17 international MoU partners. During the COVID-19 pandemic, AIIA extended its services for the prevention and management of COVID-19, embodying its motto of "Care with compassion." AIIA is dedicated to setting benchmarks for postgraduate and doctoral education in Ayurveda, making high-standard Ayurvedic healthcare accessible globally, and validating ancient Ayurvedic wisdom through modern tools and technology.

B. About the conference

AIIA, New Delhi is delighted to invite you, for the international conference "AROHA - 2024". From October 17 to 19, 2024, this distinguished event will feature both in-person and virtual participation, offering an unparalleled opportunity for participants. In this global event the discourse will be centered around the theme "**Advancements in Research and global Opportunities for Holistic Ayurveda**", along with pre-conference workshops & Hands-on-Training.

With the objective to facilitate a dynamic exchange of ideas and foster collaboration among experts and researchers committed to the advancement of Ayurvedic medicine, **AROHA-2024** aims to bring together a diverse global audience, including leading academicians, distinguished scholars, creative industry experts, committed practitioners, and Ayurveda enthusiasts.

The conference's agenda encompasses a broad spectrum of topics, delving into the intricate realms of Ayurveda, ethnomedicine, and advancements in quality control, standardization, diagnosis, drug delivery, and innovations to promote evidence-based understanding and globalization.

Major Highlights of the conference

Plenary sessions by the internationally acclaimed speakers

Scientific sessions on conference themes

Round table and Brainstorming sessions
 ▲ International regulations for Ayurveda academia
 ▲ Integrative Medicine.

Panel discussions by eminent Scientists, Academicians, Policymakers, and Industrialists.

Best Paper and Poster presentation awards

Expo on Medicinal Plants, Ayurveda start-up and industries

Pre-conference workshops.

International Speakers & Panelists



Dr. Christian Kessler,
Charite university, Germany



Prof. Dr. Georg Seifert,
Berlin, Germany



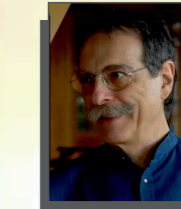
Dr. Dhamika Abeygunawardhane,
Srilanka



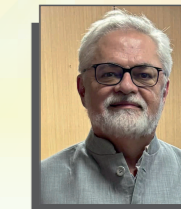
Dr. Gorge Louis Berra,
Argentina



Prof. Dr. Ricardo Ghelman,
VP, CABSIN, Brazil



Dr. Antonio Morandi,
Ayurveda point, Italy



Dr. Rugue,
Yoga Brahma Vidyalaya,
Brazil



Mark Rosenberg,
REAA, Germany



Dr. Renu Wadhwa,
Principal Scientist, AIST,
Japan



Dr. Sunil Kaul,
Senior Scientist, AIST,
Japan



Dr. Nina Silva,
UFRJ,
Brazil

And many more acclaimed speakers from
India & Abroad

Conference Sub Themes

AROHA-2024 invites abstract on the following themes –

01. Ayurveda for Longevity; Rejuvenation and Health Promotion
02. Ayurveda for management and promotion of Mental Health.
03. Ayurveda for Maternal and Child Health.
04. Preventive and Management strategies for Communicable diseases.
05. Preventive and Management strategies for non-Communicable diseases/Lifestyle Related Disorders (LRD's).
06. Research & Advancements in Panchakarma.
07. Research and advancements in the recent surgical, and para-surgical techniques.
08. Research and advancements in Eye and ENT practices in Ayurveda.
09. Scope and advancements in Ayurveda diet & Nutraceuticals.
10. Scope and advancements in Ayurveda Cosmetics.
11. Ethnomedicine and Recent advancement in medicinal plants research.
12. Advances in the practice of Ayurvedic toxicology and adverse events/adverse effects of Ayurvedic interventions and their management.
13. Research in Ayurveda Manuscriptology.
14. Bioinformatics, Omics, and Computational drug development.
15. Scope of Artificial Intelligence & Machine Learning in Ayurveda.
16. Innovations and Start-ups in Ayurveda.
17. Translational Research and Integrative Medicine.
18. Global Ayurveda; Scope, Challenges, and Regulations.

PRE-CONFERENCE WORKSHOP

The Pre-conference workshops will be held on 16-10-2024 at the AIIA campus on the following themes.

- a. Keraliya Kriyakrama in the prevention and management of NCDs.
- b. Molecular understanding of gene expressions
- c. Startup & Entrepreneurship
- d. Ayur-informatics
- e. Farm to pharmacy
- f. Practical approach towards Garbhasnskara and Sthanika chikitsa.

Note

The preconference workshop/Hands-on training includes a Registration Kit, High Tea, Lunch, and certificate.

One participant can register for only one pre-conference workshop.

The entry for the participants is limited to only 30 entries per workshop on first come first serve basis.

The registration fees for the pre-conference workshop do not include the fee for the main conference.

No accommodation will be provided to the participants.

Expo

An Expo is organized during the conference from 17th Oct to 19th Oct to showcase activities of Ayush Startups, Ayush Industries and partners of All India Institute of Ayurveda. It is an unique opportunity to witness cutting-edge products from startups to a mass audience including students, investors, and Conference attendees. The event will also highlight the contributions of Ayurveda Industry partners and collaborators in advancing Ayurveda. Explore groundbreaking initiatives and connect with industry leaders shaping the future of Ayurvedic research and development.



Guidelines for Abstract and Paper

Only registered participants can submit their abstract in structured IMRD format comprising of title, authors, affiliation, and 3-5 Keywords. The abstract should be in Times New Roman font, with font size 12, 1.5 spacing, and Vancouver referencing style. The abstract should strictly not exceed 500 words. It should be submitted to the email : aiia.aroha2024@gmail.com on or before 25-09-2024. The confirmation of the selection of abstracts for the oral and poster presentations will be intimated to the candidate by 30-09-2024.

The Scientific Committee of AROHA-2024 will screen all the submitted abstracts through review by the experts. The selection of the abstracts will be made following the criteria prescribed, and the decision of the scientific committee regarding the selection of abstracts for the Oral paper or Poster presentation will be final.

The full papers for original research work with a word limit of 3000 words, and for review articles 3000 to 5000 words, case reports up to 2000 words (excluding tables, figures, and references) with compliance to the specific reporting guidelines may be submitted. The papers adhering to the publication guidelines would be published in the conference proceedings with ISBN. The PPTs are required to be submitted by 05-10-2024.

Guidelines for the Poster

- Only registered participants can submit their abstracts for poster presentation. Posters on the given themes and their research outcomes, best practices, and short communications in medical education are allowed for presentation during the poster session.
- Poster displays will be limited to the provided space, the recommended poster size is 4 feet by 2.5 feet (48 inches by 30 inches).
- The poster should include the abstract title, author and co-author names, and the institution(s).
- The e-mail address, phone, and fax numbers should be included in the upper right-hand corner of the poster.
- It is recommended to bring the printed poster as per the specifications to the conference. Adhesives, pushpins, or thumbtacks will be provided for mounting the poster.
- The soft copy of the poster as per the prescribed guideline should be sent to the email: aiia.aroha2024@gmail.com on or before 10-10-2024.

Benefits to the participants

Throughout the conference, attendees can explore diverse knowledge experiences through plenary sessions, scientific sessions, workshops, Round table discussions, along with exhibits on medicinal plants, startups & Entrepreneurship in Ayurveda, and Advances in Ayurveda manufacturing. Also, the event will recognize and honor the contributions of individuals and organizations in the field of Ayurveda who have rendered exceptional contributions for the promotion of Ayurveda. A networking opportunity will also be provided with experts in the field, paving the way for future collaborative endeavours, professional development and partnerships.

The upcoming discussions will connect the global community involved in Ayurveda practice and promotion, with a focus on exploring potential collaborations with leading organizations in holistic healthcare. The event will also highlight the role of Ayurveda in addressing current health challenges and potential solutions, as well as the incorporation of technology, AI, Bio-informatics, and Omics, along with Complementary Medicine, to contribute to the goal of one health. The agenda includes detailed insights into the principles and practices of Ayurveda, as well as the latest developments and translational research in these fields.

Attendees will have the opportunity to participate in stimulating talks, such as keynote speeches, plenary sessions, interactive panel discussions, and oral and poster presentations, as well as competitions for students with rewards for outstanding performers. These talks will showcase the latest ground-breaking research, and practical case studies, offering a thorough look at the various aspects of Ayurveda. The conference will also enlighten the participants regarding the global Ayurveda opportunities and challenges.

We are excited for your arrival in New Delhi for AROHA - 2024, where we will come together to explore, innovate, and advance the field of Ayurveda and Traditional Medicine. Participate in this significant event and contribute to the future of holistic healthcare.

Registration Details

For Delegate participation Paper & Poster presentation & Pre-conference workshop.

Participants	Indian & SAARC Nationals		Foreign Nationals	
	Conference	Pre conference and Conference	Conference	Pre conference and Conference
Undergraduate students	INR: 1000/-	INR: 1500/-	150 USD	175 USD
P.G/ Ph.D / RA / SRF/ JRF	INR: 1500/-	INR: 2000/-		
Faculties/Academicians/ Scientists/ Practitioners/ Entrepreneurs	INR: 2000/-	INR: 2500/-		
Pre conference workshops only	INR: 1000/-		75 USD	

Note: The registration fee includes Kit, High Tea, Lunch, Dinner and Certificate for all the delegates.

Registration & Payment

For registration, details of the conference & payment of delegation fee please visit conference portal on <https://aarooha.org.in/>. Payments are accepted only through online mode.

Important dates to remember

Date of commencement of Registration	: 01-09-2024
Date of commencement of submission of Abstracts	: 01-09-2024
Last Date for submission of Abstracts	: 25-09-2024
Confirmation of acceptance of Abstracts	: 30-09-2024
Last Date for the submission of the full paper and PPTs	: 10-10-2024
Last Date for Poster submission	: 10-10-2024
Date of the Preconference workshop	: 16-10-2024
Date of International Conference AROHA-2024	: 17-10-2024 to 19-10-2024

About New Delhi

Take a wonderful trip to India's power centre and discover Delhi's culture, history, cuisine, marketplace, and monuments. Delhi, the capital of the nation both historically and currently, has been influenced by numerous rulers over the years. Discovering Delhi's renowned landmarks and historical sites, indulging in its delectable cuisine and varied customs, touring revered sites, absorbing its past and present, and window shopping in bustling markets are just a few ways to take in the capital city, which is one of the most travelled destinations in the world as well as India!

Highlights of Delhi

Tourist Attractions

Delhi, is home to a staggering number of ancient buildings, making it easy to come across many of its well-known monuments. The city offers a wide variety of attractions, including magnificent gardens, architectural wonders, historical tombs, houses of worship, a variety of markets, and vibrant neighbourhoods -

- India Gate
- The Lotus Temple

- Connaught Place
- The Red Fort
- Qutub Minar
- Chandni Chowk
- Lodhi Gardens
- Humayun's Tomb

Shopping in Delhi

Delhi offers a variety of shopping experiences, from colorful heritage open-air marketplaces to massive grandiose glass malls, where you can buy everything from big brands to handicrafts to fresh organic products. Here is a list of the areas which may be checked out -

- Chandni Chowk
- Sarojini Nagar
- Khan Market
- Janpath & Tibetan Market
- Sundar Nagar

How to get to Delhi

By Air: With aircraft arriving at the prestigious Indira Gandhi International Airport from most major cities and villages, Delhi has the best domestic and international aviation connections in the nation.

By Road: Delhi has a well-developed road system, with five national highways (NH1, NH2, NH8, NH10, Nh24). You can conveniently and quickly drive yourself, hail an out-of-town cab, or take a bus to one of the city's three bus terminals from any direction or neighbouring state.

By Train: The primary train stations for trains coming into Delhi from all around the nation are the Old Delhi Railway Station, New Delhi Railway Station, and Hazrat Nizamuddin Railway Station. **About weather conditions in Delhi during the conference** Delhi experiences somewhat hot temperatures in October. The average temperature ranges from 26 to 36 degrees Celsius, and although winter is quickly approaching, the general weather will be pleasant. Summer clothing would be comfortable in this month.

Travel & Accommodation

Participants have to make their own arrangements for their travel and accommodation. No TA/DA will be paid by AIIA, New Delhi in this connection.

भिषक्भिषजासहसम्भाषेत | तद्विद्यसम्भाषाहिज्ञानाभियोगसंहर्षकरीभवति, वैशारद्यमपिचाभिनिर्वर्तयति, वचनशक्तिमपिचाधत्ते, यशश्चाभिदीपयति, पूर्वश्रुतेचसन्देहवतःपुनःश्रवणाच्छ्रुतसंशयमपकर्षति, श्रुतेचासन्देहवतोभूयोऽध्यवसायमभिनिर्वर्तयति, अश्रुतमपिचकञ्चिदर्थश्रोत्रविषयमापादयति, तस्मात्तद्विद्यसम्भाषामभिप्रशंसन्तिकुशलाः||Ch.Vi.8/15||

Participating in a conversation with the group of physicians is essential for a physician, these discussions foster the application of knowledge and the competitive spirit that leads to enlightenment. It manifests the clarity of knowledge, promotes the ability to communicate, brings popularity, eliminates doubts reminiscent of the previous study by repeated hearing and brings about confirmation of what is undoubtedly understood before. An abundance of new knowledge that was previously unknown is revealed to one during the course of the discussions.

That's why the astute constantly encourage involvement in professional conversations.



Care with Compassion

अखिल भारतीय आयुर्वेद संस्थान

ALL INDIA INSTITUTE OF AYURVEDA

(आयुष मंत्रालय, भारत सरकार के अंतर्गत स्वायत्त संस्थान)
(An Autonomous Organization under the Ministry of Ayush, Govt. of India)

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ayurvedic point
ITALY



Contact details :

For further details including Registration for the Pre-conference workshops, Conference, and all updates kindly visit the conference portal: <https://aiiaaroha.org/#>

Write us to: aiia.aroha2024@gmail.com